

# Learning More About Grief

## Books

Waterbugs and Dragonflies: Explaining Death to Young children by  
Doris Stickney

I Miss You: A First Look at Death by Pat Thomas

Where are you? A Child's Book about Loss by Laura Olivieri

Tear Soup: A Recipe for Healing After Loss by Pat Schwiebert and  
Chuck DeKlyen

The Invisible String by Patrice Karst

How I Feel: A Coloring Book for Grieving Children by Alan D.  
Wolfelt, Ph.D.

Sad Isn't Bad: A Good Grief Guidebook for Kids Dealing with Loss  
by Michaelene Mundy

## Websites

[www.dougy.org/grief-resources/help-for/kids/](http://www.dougy.org/grief-resources/help-for/kids/)

[www.pbs/parents/whenfamiliesgrieve/resource.html](http://www.pbs/parents/whenfamiliesgrieve/resource.html)